

St. Andrews Scots Sr. Sec. School

9th Avenue, I.P. Extension, Patparganj, Delhi - 110092

Session: 2025-2026 - Worksheet

Class -X

Subject - English.

Toic: Grammar

Worksheet No. 6

Q1. Fill in the blanks (i)-(iii) with the appropriate option from those in the brackets.

In order to maintain a balanced lifestyle, we (i) _____ (can/should/must) prioritise self-care practices, such as regular exercise and healthy eating habits, to promote overall well-being. Individuals should also (ii) _____ (have engaged/engage/being engaged) in mindfulness activities, such as meditation or yoga, to improve mental health. Additionally, seeking support from friends, family, or mental health professionals (iii) ____ (every/some/any) time one feels overwhelmed can contribute to a balanced and fulfilling lifestyle.

Q2. In the following paragraph, one word has been omitted in each line. In your answer sheets, remember to write the missing word along with the word that comes before and after it, as shown below. The first one has been done as an example.

No.	Text	Word before	Omission	Word after
e.g.	The science is clear: to avoid worst	avoid	the	worst
(i)	impacts of climate change, emissions to be			
(ii)	reduced by almost half by 2030 and net-zero			
(iii)	by 2050. Achieve this, we need to 'end our reliance on fossil fuels and invest in alternative sources of energy			
(iv)	that clean, accessible, affordable, sustainable, and reliable.			

Q3. Do as directed.

(a) Rearrange the following jumbled words/phrases in the given dialogue to create a meaningful sentence.

Person X: We, as a nation are integrated into one unit. You know this, right?

Person Y: Er... I do but I'd appreciate knowing a little more please.

Person X: (i) A NATION INTO/NATIONAL INTEGRATION,/UNIFYING DIVERSE COMMUNITIES/A COHESIVE WHOLE,/REFERS TO/IS ESSENTIAL FOR/WITHIN/FOSTERING SOCIAL HARMONY/THE PROCESS OF/AND STABILITY/WHICH



Edit with WPS Office

(b) Report the dialogues to complete the paragraph that follows.

Student 1: I've decided to become a mathematician.

Student 2: Really? Why?

Student 1: Because I already excel at dividing my attention between homework and video games!

Student 1 told student 2 that they wanted to become a mathematician. Student 2 was taken by surprise and (i)_____ Student 1 exclaimed (ii) _____ their attention between homework and video games.

